

Year 1 - Changing Me

Summer 2

Key vocabulary

Changes	Lifecycle
Adulthood	Baby
Adult	Growing up
Mature	New
Male	Female
Vagina	Penis
Testicles	Vulva
Anus	Feelings
Anxious	Worried
Excited	Coping

Sequence of learning:

Begin to understand the life cycles of animals and humans

I can tell you some things about me that have changed and some things about me that have stayed the same

Recognising how my body has changed since I was a baby

I can identify the parts of the body that make boys different to girls and can use the correct names for these: penis, testicles, vagina, vulva, anus

I understand that every time I learn something new I change a little bit

I can tell you about changes that have happened in my life

Hello
I'm Jigsaw Jack



Key Skills of Knowledge and Understanding

I can compare how I am now to when I was a baby and explain some of the changes that will happen to me as I get older. I can use the correct names for penis, testicles, anus, vagina, vulva, and give reasons why they are private.

I can explain why some changes I might experience might feel better than others.

Final outcome:

Flowers of Change

Each child will begin to think about something that has helped them to grow. In each of the petals they will draw something they have learnt that has helped them to grow.

