

# Year 3 - Changing Me

Summer 2

Key vocabulary	
Changes	Birth
Animals	Babies
Mother	Growing up
Baby	Grow
Uterus/womb	Challenge
Nutrients	Survive
Love	Affection
Care	Puberty
Male	Female
Testicles	Sperm
Penis	Ovaries
Egg	Ovum
Vagina	Excited
Nervous	Anxious

Sequence of learning:
Understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby
Understand how babies grow and develop in the mother's uterus and what a baby needs to live and grow
Understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies. Also identify how boys' and girls' bodies change on the outside during this growing up process
Identify how boys' and girls' bodies change on the inside during the growing up process and explain why these changes are necessary so that their bodies can make babies when they grow up
Begin to recognise stereotypical ideas about parenting and family roles
Identify what I am looking forward to when I move to my next class

Key Skills of Knowledge and Understanding
I can explain how boys' and girls' bodies change on the inside/outside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up.
I recognise how I feel about these changes happening to me and can suggest some ideas to cope with these feelings

Final outcome:

## Ribbon of Change Mobiles

Children will compete their own Ribbon Mobile by writing on each strip of paper something different:

1. Something the children are looking forward to next year
2. A change they would like to make for themselves
3. Something they have learned about their bodies and growing up
4. How they feel about growing up
5. Something that worries them about growing up and how they can manage these feelings
6. Something that they are looking forward to about growing up

