



Key Threads:

- To travel with control in a variety of ways
- To show an awareness of contrasts in speed and level
- To show an awareness of space and share space safely
- To know, understand and show safe use of apparatus

What will be our key questions?

- Can I walk, stride, bounce and hop on feet or hands and feet and slide on different body parts?
- Can I change my way of travelling in a controlled manner and show an awareness of directions?
- Can I show an awareness of high and low movements?
- Can I show quick movements and slow movements?
- Can I share space and apparatus safely with other children?

walking



running



leaping



Visual Cues:

forward rolls



hopping



tiptoeing



star jumps



pencil rolls



pencil jumps



tucked jumps



Useful key vocabulary:

speed: how fast you are moving: fast/ slow

level: the height of your head from the ground

travel: move from place to place

different: not the same as another or each other

REMINDER! Children should be guided to use the correct vocabulary.

talk about what t





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Focus	Small Steps	Comment	
Gymnastics	I can walk, stride, bounce and hop on feet or hands and feet and slide on different body parts.	Self-Assessment : <input type="checkbox"/> 😊 <input type="checkbox"/> 😐 <input type="checkbox"/> ☹️	Teacher Assessment: <input type="checkbox"/> 😊 <input type="checkbox"/> 😐 <input type="checkbox"/> ☹️
	I can change my way of travelling in a controlled manner and show an awareness of directions.	Self-Assessment : <input type="checkbox"/> 😊 <input type="checkbox"/> 😐 <input type="checkbox"/> ☹️	Teacher Assessment: <input type="checkbox"/> 😊 <input type="checkbox"/> 😐 <input type="checkbox"/> ☹️
	I can show an awareness of high and low movements. I can show quick movements and slow movements.	Self-Assessment : <input type="checkbox"/> 😊 <input type="checkbox"/> 😐 <input type="checkbox"/> ☹️	Teacher Assessment: <input type="checkbox"/> 😊 <input type="checkbox"/> 😐 <input type="checkbox"/> ☹️
	I can share space and apparatus safely with other children.	Self-Assessment : <input type="checkbox"/> 😊 <input type="checkbox"/> 😐 <input type="checkbox"/> ☹️	Teacher Assessment: <input type="checkbox"/> 😊 <input type="checkbox"/> 😐 <input type="checkbox"/> ☹️



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