



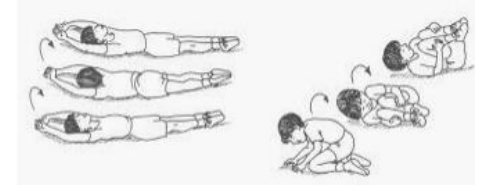
Key Threads:

- To use space safely
- To recognise directions and travel with control
- Identify and use different parts of the body
- Work co-operatively to move simple apparatus

What will be our key questions?

- Can I dress and undress independently?
- Can I listen to instructions and join in with activities?
- Can I use the space in the hall and around me safely?
- Can I travel on my feet in different ways and recognise directions?
- Can I name and use different body parts to travel?
- Can I work sensibly and co-operatively with other children to lift apparatus? (mats/ benches)

Visual Cues:



marching frog jumps slide on tummy crawl

Useful key vocabulary:

Space: area that is free from people or apparatus

Direction: a course along which someone or something moves

Travel: move from place to place

Apparatus: the equipment we use in gymnastics, such as the benches, the wall bars, the gym tables

REMINDER! Children should be guided to

develop positive a





Year R: Introductory Unit – Star Steps



Focus	Small Steps	Comment	
Gymnastics	I can dress and undress independently. I can listen to instructions and join in with activities.	Self-Assessment : <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Teacher Assessment: <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	I can use the space in the hall and around me safely I can travel on my feet in different ways and recognise directions	Self-Assessment : <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Teacher Assessment: <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	I can name and use different body parts to travel.	Self-Assessment : <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Teacher Assessment: <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
	I can work sensibly and co-operatively with other children to lift apparatus	Self-Assessment : <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Teacher Assessment: <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>



Year R: Introductory Unit – Star Steps

