

# Year 3 Dance: Expression and Gesture

Spring 1

## National Curriculum Key Skills:

Improvise freely, translating ideas from a stimulus to a movement  
 Create dance phrases that communicate ideas  
 Share and create dance phrases with a partner and in a small group  
 Repeat, remember and perform these phrases in a dance

## Key Vocabulary:

dance phrase	A set of steps or music
Jazz Square	A dance move with 4 steps
timing	Moving to the beat of the music
solo	dancing alone
characterisation	taking on the role of another person
improvisations	moving spontaneously
prop	an object to support your dance
levels	height in movement
facial expression	showing emotion in face
rehearse	practise to make performance better

## Sequence of Learning:

- To explore and create characters and narratives;
- Link actions to create a dance phrase;
- To perform as two different characters;
- To perform learnt moves and add in my improvisations;
- Explore levels and directions in dance;
- Explore using facial expressions in my dance
- To rehearse performance to refine movements

## Final Outcome:

To use expression and gesture when completing a whole group dance performance based on 'Matilda.'

## Key Questions:

Why are facial expressions important in dance?

What actions might you perform when scared/ happy/ sad?

**Equipment needed:** music, throw down spots, balloons, chairs

