

Reception Dance: Copy, Repeat, Perform!

Spring 2

EYFS Key Skills:

Experiment with different ways of moving.

Move confidently in a range of ways, safely negotiating space.

Key Vocabulary:

copy	Follow and so the same
turn	Not pull or spin. Move body around gently
Circassian dance	A dance performed in a circle
repeat	Do same actions again and again
promenade	A dance move
perform	To show your dance to others
beats	Move following a rhythm



Sequence of Learning:

- Explore clapping and moving to the beat of 8
 - Learn what to do in a circle dance
- Remember and repeat dance phrases linked to Circassian dance
- Perform 4 repeated actions as part of a group
 - Perform actions to music
 - Explore new dance actions

Final Outcome:

To perform a Circassian-style dance using 2 phrases, to the beat of 8. Repeat the actions but change direction.

Equipment needed:

music, cones, hoops, throw down spots

Key Questions:

Why does using a starting position improve our dance?

Why is it important to our counts of 8?