

Pinvin C of E First School Knowledge Organiser

Year 1 - PSHE

Relationships



Overview

Belonging to a family
 Making friends/being a good friend
 Physical contact preferences
 People who help us
 Qualities as a friend and person
 Self-acknowledgement
 Being a good friend to myself
 Celebrating special relationships

Key Vocabulary

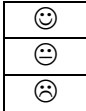

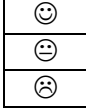

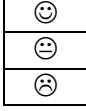

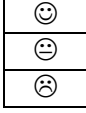

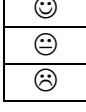

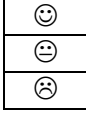
Family	Belong	Different	Same
Friends	Friendships	Qualities	
Caring	Sharing	Kind	Greeting
Touch	Feel	Texture	Like
Dislike	Help	Helpful	
Community	Feelings		
Confidence	Praise	Qualities	
Skills	Self belief	Incredible	
Proud	Celebrate	Relationships	
Special	Appreciate	Feelings	



Key Thread:
 'You are special to me because...'

Puzzle 1 Pieces	PSHE learning intention	Emotional literacy and social skills development learning intention	What will be our key questions?
1. Families	I can identify the members of my family and understand that there are lots of different types of families	I know how it feels to belong to a family and care about the people who are important to me	Are all families the same? Can some people be part of your family and not live in the same home as you? When you think about the word family, does this also mean your pets? How does it feel to be part of a family? How do you feel in your family home?
2. Making Friends	I can identify what being a good friend means to me	I know how to make a new friend	What is a friend? What makes people friends? Do friends always get on well? What makes a good friend? What helps people to make friends? What do you look for in a friend?
3. Greetings	I know appropriate ways of physical contact to greet my friends and know which ways I prefer	I can recognise which forms of physical contact are acceptable and unacceptable to me	What textures do you like/not like to feel? Are there some textures that everyone likes? Are there some textures that we do not like? Can you say what you like and dislike? Can you say 'no' to a touch you don't like? Can you say 'Please don't touch me like that, I don't like it'?
4. People Who Help Us	I know who can help me in my school community	I know when I need help and know how to ask for it	Who are the people who have special jobs that help us in our school community? Can we think of anyone else that helps us? Does everyone help us in the same way? Who would you ask for help if...?
5. Being My Own Best Friend	I can recognise my qualities as person and a friend	I know ways to praise myself	Is everybody incredible in some way? How can you make the best of your qualities?
6. Celebrating My Special Relationships	I can tell you why I appreciate someone who is special to me	I can express how I feel about them	Who is special to you? Why are they special? Who are the different kinds of people who have a special place in our lives?

★ ★ ★ Relationships – Star Steps ★ ★ ★

Focus	Small Steps	Comment	
Piece 1	<p>I can identify the members of my family and understand that there are lots of different types of families</p> <p>I know how it feels to belong to a family and care about the people who are important to me</p>	Self-Assessment : 	Teacher Assessment: 
Piece 2	<p>I can identify what being a good friend means to me</p> <p>I know how to make a new friend</p>	Self-Assessment : 	Teacher Assessment: 
Piece 3	<p>I know appropriate ways of physical contact to greet my friends and know which ways I prefer</p> <p>I can recognise which forms of physical contact are acceptable and unacceptable to me</p>	Self-Assessment : 	Teacher Assessment: 
Piece 4	<p>I know who can help me in my school community</p> <p>I know when I need help and know how to ask for it</p>	Self-Assessment : 	Teacher Assessment: 
Piece 5	<p>I can recognise my qualities as person and a friend</p> <p>I know ways to praise myself</p>	Self-Assessment : 	Teacher Assessment: 
Piece 6	<p>I can tell you why I appreciate someone who is special to me</p> <p>I can express how I feel about them</p>	Self-Assessment : 	Teacher Assessment: 