



What will be our key questions?

What is a pulse?

What is rhythm?

About This Unit

Theme: South Africa and a song that celebrates South African music

Facts/info: Hand, Feet, Heart is a song written for children to celebrate and learn about South African Music.

Listen to 5 pieces of music in different styles:

- Hands, Feet, Heart by Joanna Mangona
- The Click Song sung by Miriam Makeba
- The Lion Sleeps Tonight sung by Soweto Gospel Choir
- Bring Him Back by Hugh Masekela
- You Can Call Me Al by Paul Simon
- Hiokoloza by Arthur Mofokate



Key Thread: To improvise and compose a simple melody with a South African theme

Vocabulary

PULSE	The regular heartbeat of the music; its steady beat.
RHYTHM	Long and short sounds or patterns that happen over the pulse.
PITCH	High and low sounds.
TEMPO	The speed of the music; fast or slow or in-between.
DYNAMICS	How loud or quiet the music is.
MELODY	Another name for tune.
PERFORMING	Singing and playing instruments for others to hear.
COMPOSING	Creating and developing musical ideas and 'fixing' them.
IMPROVISING	To make up a tune and play it on the spot. There is an assumption that it can never be recreated.

Perform and Share

A class performance of Hands, Feet, Heart. Introduce your performance to your audience. Can you include some funky moves? Have a fantastic time; enjoy it! Talk about it together afterwards. How did it make you feel? Will you record it?

Listen and Appraise

Find the pulse as you are listening to the music:
Can you dance, get funky or find the groove?
Instruments/voices you can hear: keyboard, bass, drums, electric guitars, saxophone, trumpet, vocals.

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Musical Activities (Using glocks / untuned percussion)

Find the pulse!

What animal can you be finding the pulse?

Clapping Rhythms

- Copy and clap back rhythms
- Clap the rhythm of your name
- Make up your own rhythm

Singing

- Sing Hands, Feet, Heart in groups
- Have fun!

Playing instruments using up to three notes – G or G, A + C.

Improvise using the notes C + D:

- Challenge 1 Clap and Improvise
- Challenge 2 Sing, Play and Improvise
- Challenge 3 Improvise

Compose a simple melody using simple rhythms, choosing from the notes C + D or C, D + E.



Hands, Feet, Heart – Star Steps



Focus	Small Steps	Comment	
Listen and Appraise	<ul style="list-style-type: none"> • I can find the pulse as I am listening to the main unit song and understand that it is the heartbeat of the music • I can recognise and name two or more instruments I hear • I can begin to recognise all or many of the instruments I hear 	Self-Assessment : <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Teacher Assessment: <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Musical Activities – Games	<ul style="list-style-type: none"> • I can find the pulse • I can clap rhythms both short and long sounds whilst marching to the pulse • 	Self-Assessment : <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Teacher Assessment: <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Singing	<ul style="list-style-type: none"> • I can sing in a group 	Self-Assessment : <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Teacher Assessment: <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Play Instrumental Parts	<ul style="list-style-type: none"> • I can play instrumental parts accurately and in time 	Self-Assessment : <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Teacher Assessment: <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Improvisation	<ul style="list-style-type: none"> • I can improvise in the lessons and the performance 	Self-Assessment : <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Teacher Assessment: <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Composition	<ul style="list-style-type: none"> • I can compose a simple melody using simple rhythms, and use as part of the performance 	Self-Assessment : <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Teacher Assessment: <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Perform and Share	<ul style="list-style-type: none"> • I must listen to everyone in my group carefully • I can contribute to the performance by singing, playing an instrumental part, improvising, or by performing my composition • I feel confident and can confidently perform to an audience 	Self-Assessment : <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Teacher Assessment: <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>